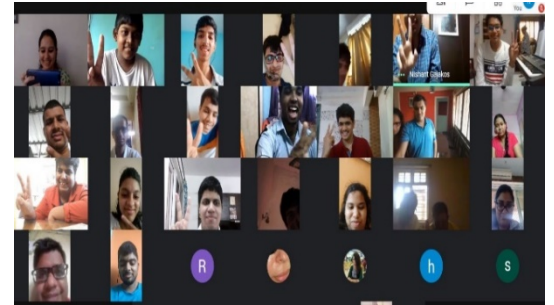


Inside the Issue:	
Autism Awareness Day	1
Internet Operations	1
Guided Meditation	1
Effective Communication	2
Resume Building	2
Punctuality & Time Management	2
Etiquette: Basic, Work and Virtual	3
Awareness on Welfare Scheme	3
Environment Day	3
Leadership with Emotional Intelligence	4
Career Opportunities post COVID -19	4

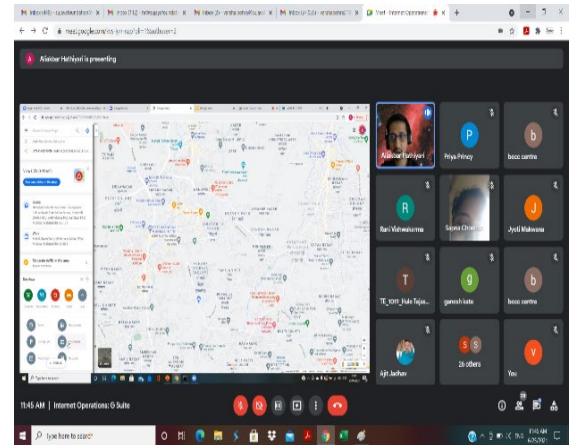
Autism Awareness Day

Autism Day was celebrated to raise the awareness about Autism. An orientation about the I Learn- I Earn program was given to all. 12 students from NGOs, Special schools showcased their talents and journey. It was heartening to witness good participation and encouragement from the rest.



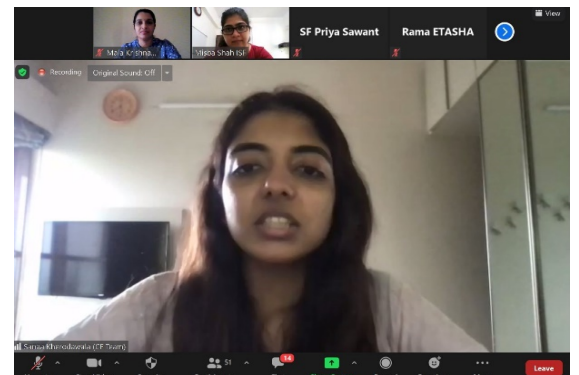
Internet Operations

A session on Internet Operations: G Suite was conducted by JPMorgan Chase for the abled students of Bandra, SMART Project and Chembur. The session covered all the applications of Google like Google Drive, Sheets, Maps, Calendar, etc. The uses of the applications and their navigation were explained to the students. They understood that it is a one stop package and collaboration of productivity applications. Indeed an interactive and enriching session and an absolute must-know in today's digital age.



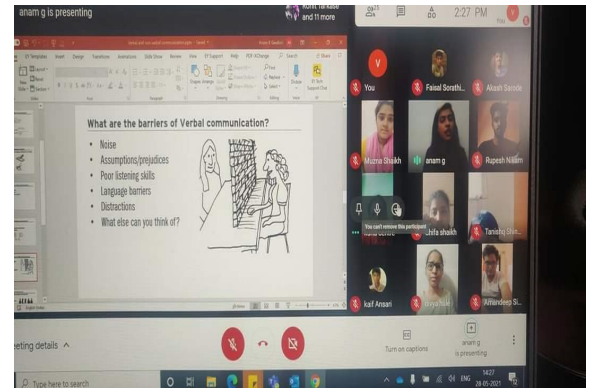
Guided Meditation

A session on Guided Meditation for Mental Health was conducted by Misba Shah for the Bandra centre students. She spoke about the importance of meditation and its innumerable benefits for all age groups in today's fast paced life. The practice of two types of guided meditation was demonstrated. A live meditation session was conducted for the students. The key takeaway from the session was that giving a few minutes of our time can result in a huge investment on our mental health.



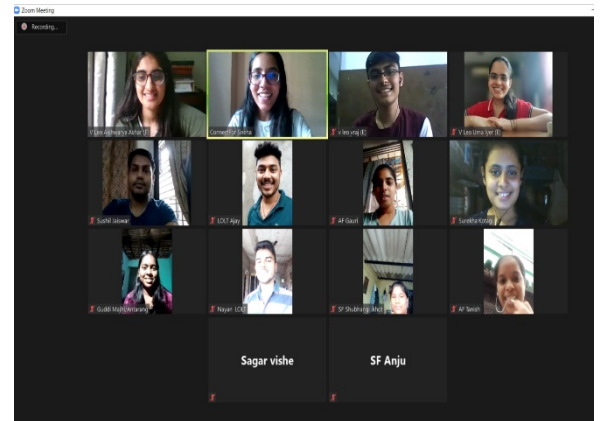
Effective Communication

Anam Gwaliori, Consultant, Ernst & Young (EY) conducted a virtual session on Effective Communication for the I Learn – I Earn and SMART Project students. In this session, the trainer explained the term “Communication” and different types of communication. Various body postures, expressions, eye contact; positions etc. were discussed and demonstrated. The trainer also took an activity with the students to measure the impact of verbal and non-verbal communication.



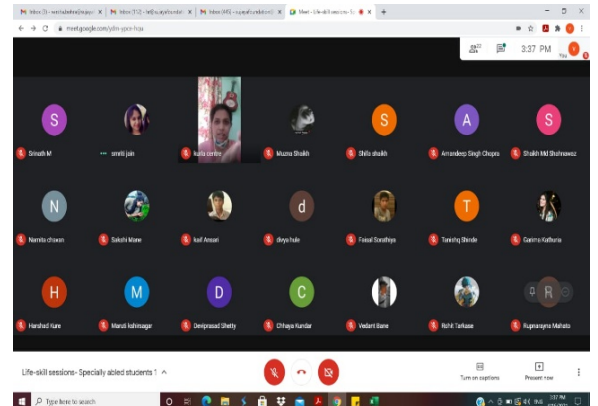
Resume Building

A session was conducted on Resume Building for the abled students of Bandra and Chembur. The session focused on the difference between a CV and a resume. The sections of a resume like the objective, work experience, education, skills were discussed. Tips were given on how to make a resume eye catching and the online resources available to customize one’s resume were shared. A sample resume was also shared for having a better understanding. The appropriate format for education and work experience was elaborated as this is considered vital in presenting one’s resume.



Punctuality and Time Management

A session on Importance of Punctuality and Time Management was arranged for the SMART Project students by KPMG Volunteers. The session focused on the meaning and importance of punctuality, why one should be punctual, what one can do to be punctual for eg: Set reminders, have a 'to do list', always allow extra time, set time barriers for tasks, etc. The session had quizzes, show off hands for correct statements and videos which helped the trainees to get a much better understanding of the topic



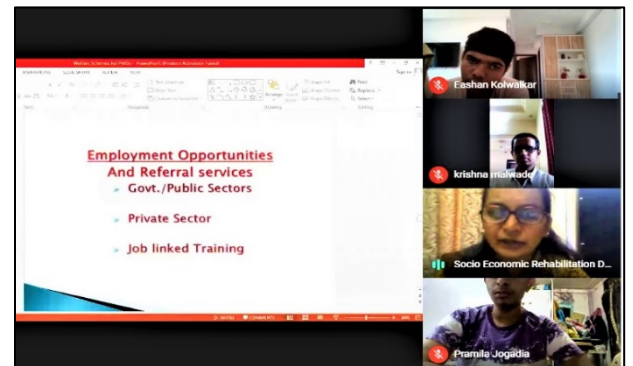
Etiquette: Basic, Work and Virtual

A session on Etiquette: Basic, Work and Virtual was conducted by a JP Morgan Chase Volunteer Mr. Prathap, for the SMART and Bandra Centre students. The session covered every aspect of the topic in a precise and interesting manner. The session gave a complete overview of the importance of etiquette like social, business, personal, professional and the service sector.



Awareness on Welfare Schemes

The aim of the webinar session was on awareness of Welfare schemes and provisions for the specially abled students from I Learn – I Earn and SMART Project. The specially abled students got the knowledge about various welfare schemes and provisions which are implemented by the government and the benefit they could avail from it.



Environment day

On the occasion of Environment day, students were given a task to prepare a best out of waste product which would enable them to control the waste and give their creativity and innovation a shape. Students were made aware of how to utilize the waste products and make the best use out of that.



Leadership with Emotional Intelligence

Rotary Club of Navi Mumbai Palm beach arranged a session on Leadership with Emotional intelligence for the I Learn – I Earn, SMART Project and Seawoods centre students by Rtn. Satish Bhojane. He took the seminar and explained the traits of a good leader, how one can lead by example, etc followed by a quiz.



Career Opportunities post COVID-19

Ms. Medhavi Shrivastava conducted a session on Career opportunities for specially abled post covid scenario. She also explained how some companies have made remote work inclusive for the specially abled people and how the social and personal skills will be prioritized over a period of time and lifelong learning will be key, inclusive of persons with disabilities. Further, she also gave a list of some organizations / companies that hire specially abled people. She also gave some options of skill based oriented courses in India which the specially abled people can opt for their career along with some e-learning options for the specially abled.

