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The Experiential Learning Program
Type of students: Specially-abled Youth

I Learn-I Earn Project

Job Fair

Organizations like Diatrends Jewellery Pvt Ltd, IndiaMART InterMESH Ltd, Typical Advantage, One Point One Plus and Spectrum Talent Management Pvt Ltd, etc participated in the Job Fair for the I Learn - I Earn students. The employers gave a brief description about the organization and the job profiles that they offer for the specially-abled youth.



World Disability Day

The I Learn- I Earn project celebrated Disability Day 2021 with various stakeholders like students, parents and volunteers. A webinar on Legal Guardianship for parents of specially abled beneficiaries was organized and felicitated by Mrs. Bhakti Walve, a counselor for Autistic Spectrum Disorders and an advisor for Gharkul School for special children. She threw light on the process of legal guardianship and its need. Four corporate employees celebrated Christmas with the Vashi centre students. As a part of disability sensitization and awareness, the employees learnt Sign Language where they were taught basic alphabets and greetings of Indian Sign Language. The employees distributed the Joy of Giving gifts, medical kits and Christmas gifts to the students.



Medical Kit Distribution

Under LTI's Covid Health Initiative, 2000 medical kits were distributed to the underprivileged families of Navi Mumbai, 1880 medical kits were distributed in the slum areas of Turbhe and 120 medical kits were distributed to the I Learn- I Earn students in December 2021 by Ms. Neha Khare, Team Lead, CSR, Larsen & Toubro Infotech Ltd.



SMART+ Project

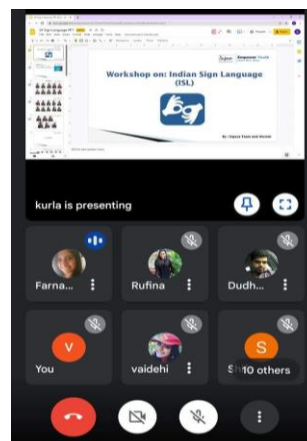
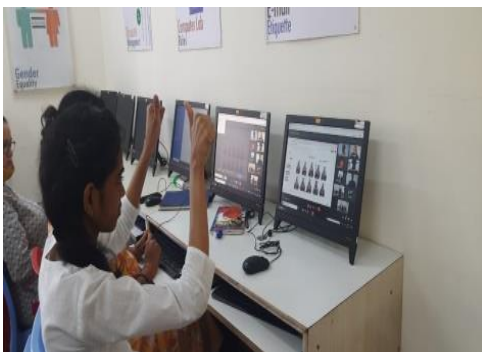
Job Fair

A job fair was organized at the Sahayani Social Development centre premises for the specially-abled youth. Various organizations like Axis Securities, Tata Trent, One Point One Solutions, Vividata, HR Marven, Thomas Recruitment, etc participated in the job fair. The job fair saw a participation of 84 specially-abled students and their interviews.



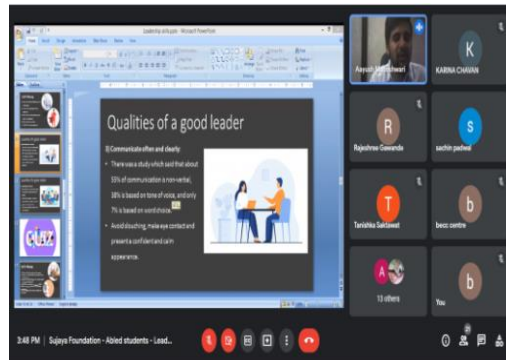
World Disability Day

The students organized a workshop on learning the Basics of Indian Sign Language for the KPMG volunteers. The objective of this session was to promote inclusion and create awareness about the Indian Sign Language. The training was conducted by the students with the help of Ms. Vidya, a sign language interpreter and trainer. The session covered the concepts of alphabets, days of the week, basic conversation, etc. The KPMG volunteers were enthusiastic and happy to learn the basics of the Indian sign language.



Leadership Skills

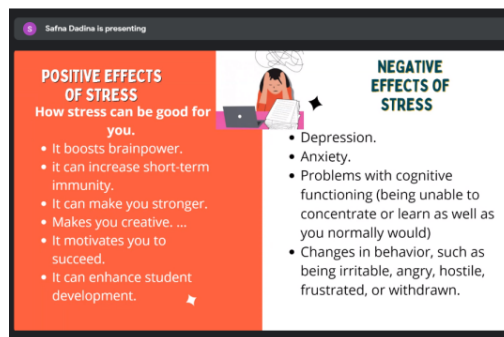
A session on Leadership Skills was conducted by Ayush Maheshwari from KPMG for the youth students of Bandra and the TMF SMART + Project. He spoke about the traits of a good leader. He reiterated that a good leader shows the path through his own example, communicates effectively, motivates and encourages his team, keeps himself updated about the subject and is open to constructive feedback. He also shared an interesting and inspirational video. He gave examples of some great leaders who have shown exemplary leadership in the current times. He concluded the session with a short quiz.



Skill Enhancement Program for Underprivileged Youth Type of students: Underprivileged Youth

Anxiety Management

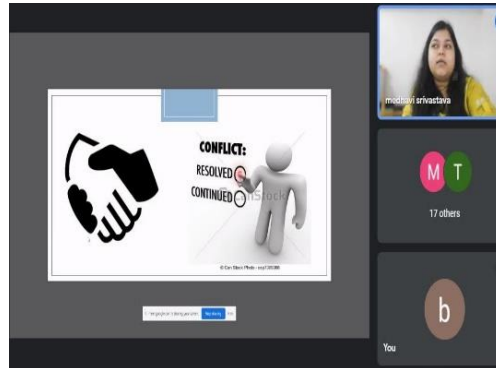
Safna Dadina, who has specialized in clinical research conducted a session on Stress Management for the Bandra youth students. She spoke about academic stress and the way it affects students in their academic journey. She spoke about the types of academic stress. She said that many factors can alleviate stress- having a good support group of family and friends, one's attitude towards situations, breathing exercises and the ability to deal with emotions.



Conflict Management

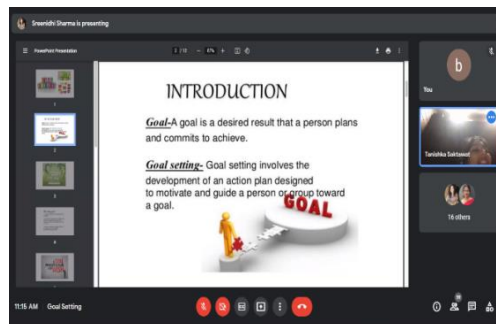
Medhavi Srivastava, a counsellor by profession, conducted a session on Conflict Management for the Bandra youth students. She explained what conflicts are and the factors that lead to conflicts between individuals. She further said that conflict management is the key to

professional and personal development and success. It helps one have better interpersonal relations with stakeholders. She spoke about the ways to manage conflicting situations better like being a good and impartial listener, open discussion, positive attitude, etc. She asked the students to list a conflicting situation that they have encountered, what caused it and how they could have handled it better.



Goal setting

Volunteers from a reputed banking and financial service corporate conducted a session on Goal Setting. They explained the need for having goals in one's life and setting realistic goals. They mentioned about short-term goals, long-term goals and having a vision board. They emphasized that merely having a goal is not important. Rather, it has to be worked upon constantly. For this, they shared a grid with the steps to set the goal: achieve the goal, devise the objectives, think of the obstacles, chalk out a plan and write the benefits.



Self-Motivation

Medhavi Srivastava, a certified counsellor by profession, conducted a session on 'Self-Motivation' for the underprivileged youth of Bandra. It contributes towards the mental well-being of individuals and improves one's self-esteem. She emphasized that being motivated helps in goal realization and drives oneself toward being focused. Self-motivation helps us to overcome our setbacks and beckons us to move forward in life and seek new opportunities. Self-motivation can be achieved with a positive attitude, vision boards, therapeutic music, oneness with nature, prioritization of goals using the SMART technique, etc. It makes individuals have a better vision and enables them to have a goal centric approach. It was an informative session with key takeaways for the students.

